

Hyperbaric oxygen therapy combined with physiotherapy reduces recovery time by 70%

### What is Hyperbaric Oxygen Therapy?

Hyperbaric oxygen therapy is a natural and effective method to saturate your body with oxygen. Oxygen is vital for optimal health and healing.

Proper hyperbaric treatment allows you to comfortably lay inside a transparent oxygen chamber completely surrounded with oxygen for 1½ hours while napping or watching TV.



BaroMedical's four hyperbaric chambers allow for privacy and individualized treatment.

### How is Medical Oxygen Therapy Provided?

The hyperbaric chamber is filled with pure medical grade oxygen and is gradually pressurized up to a therapeutic pressure. As the pressure increases, it is normal to experience a mild and temporary "fullness" in the ears.

A course of 10 to 20 sessions over a two- to four-week period will initiate capillary and nerve regeneration, as well as organ repair.

Book your free tour today

## Admission Procedures

### 1: Book Appointment

Call us at 604-777-7055

or email [FrontDesk@BaroMedical.ca](mailto:FrontDesk@BaroMedical.ca)

Schedule a tour to meet our staff and familiarize yourself with the hyperbaric treatment procedures.

### 2: Initial Consultation

Initial screening consultation will determine:

- if oxygen therapy is suitable for you, and
- if there are any contraindications for the therapy

Our hyperbaric staff will answer all questions regarding the therapy and its benefits.

### 3: Hyperbaric Oxygen Therapy

Effective hyperbaric oxygen therapy is delivered on a daily basis, five days per week. Each 90-minute session requires an additional 15 minutes for preparation and post-therapy check-ups.



During therapy, you will wear a hyperbaric cotton gown and blankets. Electronic devices or paper are not permitted inside the chamber. A personal TV is dedicated to each chamber for your enjoyment. The therapeutic experience is similar to the pressurization of airplane cabins.

[www.BaroMedical.ca](http://www.BaroMedical.ca)



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## Sports & Active Life with Oxygen Therapy



Strength  
Endurance  
Performance

Rob V., MMA, Langley



[www.BaroMedical.ca](http://www.BaroMedical.ca)

# Optimal Recovery with Oxygen

# Hyperbaric Oxygen Therapy

**HYPERBARIC OXYGENATION** is a unique whole body therapy promoting natural rejuvenation and regeneration for optimal health, strength and performance.

## Optimal Performance With Oxygen

**Prevention:** Hyperbaric oxygen therapy improves blood and oxygen circulation to prevent accumulation of lactic acid in the muscles. This helps reduce pain, cramps, and lethargy.

**Training:** Performance enhancement with oxygen reduces fatigue and repairs minor injuries that may occur while training.

**Recovery after injuries:** Hyperbaric oxygen therapy accelerates recovery of muscles, ligaments and fractured bones. It is proven to build stronger, denser bone structure and facilitate a more efficient recovery with minimal scar formation.

**Concussion:** Hyperbaric oxygen therapy plays a major role in **brain neuro-rehabilitation**. When there is a lack of oxygen delivered to the nervous system, swelling, inflammation, and cellular death occurs.

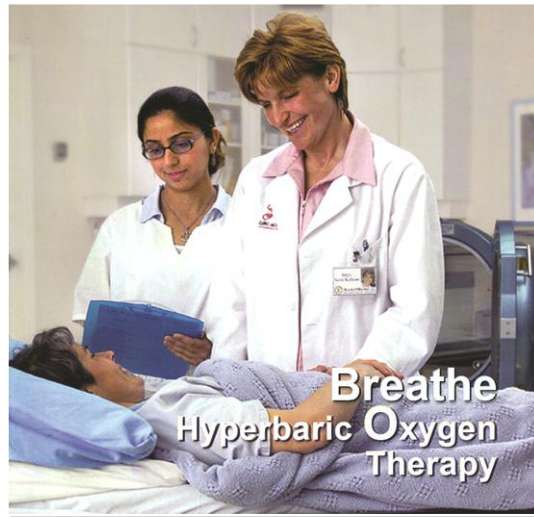
Therapy can result in reversal of brain damage and improved executive function, including: concentration, memory, speech, vision, mood, sleep, motor control, walking, balance, coordination and reduction of dizziness and headaches.



Zoran B., Vancouver

## Oxygen is a key component of optimal physical and mental health

During hyperbaric oxygen therapy, the body absorbs up to 20 times more oxygen than normal. This activates natural mechanisms of healing, which may be slower due to injury, overexertion, illnesses, and/or disease.



Breathing pure oxygen under pressure in a hyperbaric chamber initiates healing responses in a natural way without side effects.

A few early sessions of oxygen therapy may reduce the risk of complications and the need for a long-term recovery.

“Hyperbaric oxygen exposure improves performance”

J Sport Med Phys Fitness

## Benefits of Hyperbaric Oxygen Therapy

- **Shortens recovery** time after extreme exercise, injury, or surgery
- **Revitalized body** with **improved blood and oxygen flow** to all organs
- **Regenerated muscles**, small blood vessels (capillaries), nerves, and bones
- **Whole body rejuvenation** through extra release of **stem cells**
- **Reduced pain, swelling, inflammation** tingling, cramps, and numbness
- **Eliminated toxins** and restored immune system

## Back Injury

“After my snowboarding injury I had complicated back surgery and a slow recovery.

I came to BaroMedical in a wheelchair and lots of pain.

A week of therapy later I felt significantly better and in a few months I was back to snow-boarding again. Miracle!

Thank you so much!”

Patric M., New Westminster



A Natural Way To  
Your Better Health